
FACT SHEET



Canada is the second largest country on earth by area, with almost 10 million square kilometers.

Three oceans line its frontiers:

- Pacific Ocean along the west
- Atlantic Ocean along the east
- Arctic Ocean along the north

The country is comprised 10 provinces and 3 territories.

Newfoundland and Labrador (shown in red) is Canada's most easterly province.

The province boasts 29,000 kilometers of coastline, leaving the ocean with its spectacular views and diverse marine life never far.





Earliest human habitation can be traced back about 9,000 years, including Maritime Archaic peoples, Dorset culture, and Beothuk settlements.



First European contact was made by Viking (Norse) peoples over 1000 years ago. The Icelandic Sagas refer to Leif Erikson landing along the west coast of the province, at a place he called "Vinland". Archeological evidence has been found and the site was declared a World Heritage Site by UNESCO in 1978.



Many are surprised to learn that Newfoundland and Labrador only joined Canada in 1949. Prior to this, it was a separate dominion of the British Empire.

There are many things that make Newfoundland and Labrador unique. It is home to the most easterly point on the continent, has its own time zone, and one of the oldest cities in North America.

St. John's

St. John's is the capital city of the province and is located on the east coast of the island portion of the province. In the downtown core you'll find bright colourful houses, fondly referred to as Jellybean Row, boutiques, local restaurants, and various pubs/craft breweries featuring local musicians.

As one of the oldest cities in North America, it can feel like taking a step back in time. Along the hillside of The Battery, traditional houses cling to every nook and cranny. A short distance away is Quidi Vidi Village, formerly a small fishing village that was first settled in the 16th century.



General Information

- Temperature – 20° Celsius to 23° Celsius (summer) and 0° Celsius (winter)
- Average Temperature in June – 16° Celsius
- Area – 445.88 sq km
- Population – 110,525 people
- Climate – Humid Continental

Language

Canada has two official languages – English and French. The main language of St. John's is English.

Scientific Significance

There are several institutes of interest within the city;

- [Fisheries and Marine Institute \(MI\)](#)
- [Memorial University of Newfoundland \(MUN\)](#)
- [Ocean Sciences Centre \(OSC\)](#)
- [Fisheries and Oceans Canada \(DFO\)](#)
- [NRC Ocean, Coastal and River Engineering Research Centre](#)
- [Canadian Coast Guard](#)

There are also several fishing gear manufacturers and ocean technology suppliers of interest within the city and the surrounding area;

- [Hampidjan Canada](#)
- [Vónin Canada](#)
- [ESL Marine Supplies](#)
- [Notus Electronics](#)
- [SubC Imaging](#)
- [Kraken Robotics](#)

Tourist Destinations

Signal Hill/Cabot Tower

Fort Amherst

Cape Spear

East Coast Trail

The Rooms (museum)

Local Breweries

Beaches

Johnson Geo Centre

Quidi Vidi Village

